## **POSING TIPS**

## Side Shot



When standing on you side to the camera, it is not as flattering as standing in a half turn, with your shoulders spread, shift your weight to your back leg, move your front leg forward and stand on your toes

DONT X





DON'T 🗙



DO 🗸



Hips closest to the camera



Hips away from the camera

Curve your Body

## DON'T 🗙

DO ✓



Curve by moving

slightly sideways to the camera, and put your hand on your waist.

your Body your hips

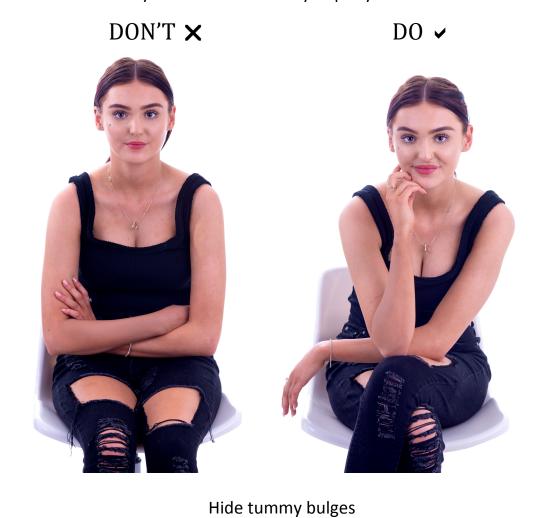
## Make your arms look more graceful

DON'T 🗙

DO 🗸



To make your arms appear more graceful in photos, don't hold them against your body too firm. Turn sideways to the camera, and put one hand on your hips to create a gap between your arm and your body.





When sitting on a chair facing the camera, you can make your posture more elegant by siting to the front and side of the chair and make an inclined position with your legs to the side.

DON'T ★ DO ✔





Perfect posture can sometimes be forgotten about, but sitting with your back straight can dramatically change your overall look.

Practice your poses and facial expressions in front of a mirror, when you feel
happy with a few looks, remember them, and keep practicing until you feel totally
comfortable. For most of us, one side is more attractive than the other, if you find
the one you love remember it.

Remember to breath and have fun!

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